

CONTENTS

FOREWORD BY JULIE BOGART ix

INTRODUCTION xiii

PART 1 1

Laying the Groundwork

1 | EVALUATING YOUR FAMILY CULTURE 7

What Are You Bringing to the Table?

2 | EMBRACING TOUGH TABLE TOPICS 25

Normalizing Weighty Conversations

3 | ESTABLISHING A BLUEPRINT 36

Inclusive Family Ways and Home Culture

PART 2 53

Curating the Home Library

4 | MIRROR, MIRROR ON THE WALL 59

When Children See Themselves in Their Books

5 | PULL BACK THE CURTAINS 73

Uncovering Books as Windows to the World

6 | LIFE-GIVING BOOKS 95

What Makes a Book “Good”?

PART 3 113

Shaping the Home Atmosphere

7 | DEEPLY ROOTED 117

Leaning into Family Culture and History

8 | REPRESENTATION MATTERS 133

Navigating the Ups and Downs of Media and Pop Culture

9 | FROM TRAGEDY TO TRIUMPH 147

Bringing Hard History into the Home

10 | CHOOSING JOY 160

Finding Beauty Through Culturally Rich Learning

PART 4 177

Moving Beyond the Four Walls

11 | THEORY TO PRACTICE 181

Training Through Travel and Language-Learning

12 | SACRED SPACES AND PLACES 203

Cultivating Safe Villages, Inclusive Community,
and Cross-Cultural Kinship

13 | SOW, REAP, AND HARVEST 232

Launching Socially Conscious Changemakers

CONCLUSION 245

ACKNOWLEDGMENTS 249

GROUP DISCUSSION GUIDE 253

NOTES 261

INDEX 271